

RaceTab by MileSplit/FloSports

Run Roanoke, Run Roanoke

JMU Dashing Dukes Track and Field Meet - 3/20/2024 10:19:30 PM
James Madison University, , VA

College Women 4x800 Meter Relay

Team	Time	Pts
1 Virginia A	10:35.98	10
2 James Madison A	10:59.72	8
3 American A	12:42.78	6

College Men 4x800 Meter Relay

Team	Time	Pts
1 American B	10:02.35	10
1) Dan Zarcharski	2) James Vendetti	
3) Nolan Menanno	4) Gabe Castro-Root	
2 American A	10:40.22	
1) Sean Reed	2) Josh Katz	
3) Finnian Williams	4) Owen Leary	

College Women 5000 Meter Run

Name	Yr Team	Time	Pts
1 Jane Smith	Georgetown	18:24.88	10
2 Gabriella Santucci	Virginia	18:47.96	8
3 Lisa deGroot	Virginia	18:50.22	6
4 Sydney Smith	William and Mary	18:53.37	4
5 Jackie Janicki	Virginia	18:53.58	2
6 Maura Mlecko	William and Mary	19:16.66	1
7 Meghan Ostertag	American	19:35.52	
8 Rachel Weghorst	Virginia	20:10.67	
9 Natalie Loehne	Appalachain State	20:29.96	
10 Jade Desmaret	American	20:33.64	
11 Sophia Meagher	Virginia	20:38.79	
12 Ally Fox	American	20:54.16	
13 Grace Rolon	James Madison	21:35.10	
14 Sarah Coleman	James Madison	21:35.13	
15 Jillian Tobias	James Madison	21:41.78	
16 Carrie McDonald	Georgetown	21:53.85	
17 Makenzie Zimmerman	James Madison	22:10.21	
18 Phoebe Sanders	American	23:18.17	

College Men 5000 Meter Run

Name	Yr Team	Time	H#	Pts
1 Andreas Masiakos	Virginia	15:35.61	2	10
2 MJ Stretton	James Madison	15:41.14	2	8

3	Jesse Smith	Virginia	15:43.74	2	6
4	Caleb Birnbaum	Virginia	15:47.29	2	4
5	Ben Roberts	William and Mary	15:50.31	2	2
6	Zach Trimble	James Madison	16:04.42	2	1
7	Ashton Blackwell	James Madison	16:15.66	2	
8	Ben Jakabcsin	Georgetown	16:31.45	1	
9	Joshua Way	William and Mary	17:01.75	2	
10	Luke Bettendorf	Liberty	17:09.47	1	
11	Tyler Stevens	Virginia	17:19.57	2	
12	Kane Dacier	James Madison	17:45.05	2	
13	Issaac Ager	American	17:53.87	1	
14	Owen Leary	American	17:54.45	1	
15	Aaron Falik	Virginia	18:01.55	1	
16	Viraaaj Mehta	Virginia	18:16.13	1	
17	Declan McQuinn	Virginia	18:18.91	1	
18	Hayes Lang	Liberty	18:31.12	1	
19	Will Taylor	Virginia	18:35.74	1	
20	Sean Reed	American	18:36.90	1	
21	Jacob Dryer	Liberty	18:37.01	1	
22	Ethan Sheehy	James Madison	18:41.65	1	

College Women 100 Meter Dash

Name	Yr Team	Time	Wind	Pts
1 Kameron Strosneider	James Madison	13.96	NWI	10
2 Soraya Bata	Georgetown	14.32	NWI	8

College Men 100 Meter Dash

Name	Yr Team	Time	Wind	H#	Pts
1 CY GAY	Virginia Commonwealt	10.66	NWI	2	10
2 Matthew Burch	William and Mary	11.58	NWI	1	8
3 Zain Bangash	Virginia	12.34	NWI	2	6
4 Dylan Meyer	James Madison	13.93	NWI	1	4

College Mixed 4x400 Meter Relay

Team	Time	Pts
Women		
1 James Madison B 1) Ashton Blackwell 2) Jacob Gunn 3) Sarah Coleman	4:12.27	10
2 James Madison A 1) Max Sifuentes 2) Gage Xinos	4:13.17	
3 American A 1) Gabe Castro-Root	4:52.17	8

College Women 800 Meter Run

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Name	Yr	Team	Time	H#	Pts
1 Mae Moody		Georgetown	2:28.86	2	10
2 Sydney Smith		William and Mary	2:34.96	2	8
3 LILY HARR		Virginia Commonwealt	2:35.32	2	6
4 MARY KEHOE		Virginia Commonwealt	2:36.35	2	4
5 Julia Spampinato		James Madison	2:47.93	1	2
6 Pria Gadkari		Georgetown	2:49.12	1	1
7 Danielle Coyne		Georgetown	2:56.74	1	
8 Guin Pomeroy		James Madison	3:14.95	1	

College Men 800 Meter Run

Name	Yr	Team	Time	H#	Pts
1 Patrick Smith		William and Mary	1:56.35	2	10
2 Davis Ottinger		Virginia	2:00.80	2	8
3 Sebastion Malave		Virginia Tech	2:01.55	2	6
4 Luke Lamberson		Virginia	2:01.92	2	4
5 Garrett Uthlaut		Virginia	2:11.40	2	2
6 Colin Kirkwood		James Madison	2:11.58	2	1
7 Yanis Yesli		Virginia	2:12.88	2	
8 Markcus Hobson-Garcia		James Madison	2:13.34	1	
9 EBEN ZIMMERMAN		Virginia Commonwealt	2:16.26	2	
10 Jesse Smith		Virginia	2:18.25	2	
11 MARK JANSSEN		Virginia Commonwealt	2:21.76	1	
12 Kamren Reeves		Virginia	2:22.81	1	
13 Aiden Pipkin		James Madison	2:23.14	2	
14 JACKSON DANLEY		Virginia Commonwealt	2:23.48	2	
15 Tyler Stevens		Virginia	2:24.06	2	
16 Bennett Atienza		James Madison	2:26.94	1	
17 Sam Rubin		William and Mary	2:27.38	1	
18 Hayes Lang		Liberty	2:33.59	1	
19 John Pullen		James Madison	2:37.74	1	
20 Fernando Mendiata		James Madison	2:38.90	1	
21 Casey Hughes		James Madison	2:42.28	1	
22 Micah Dorel		James Madison	2:43.80	1	
23 Ali Asfour		Virginia	2:46.04	1	

College Men Swedish Medley Relay

Team	Time	Pts
1 Virginia A	2:17.17	10
2 James Madison B	2:26.75	8
1) Ethan Sheehy	2) Aiden Pipkin	
3) Colin Kirkwood	4) Gage Xinos	
3 James Madison A	2:36.32	
1) Casey Hughes	2) James Agresto	
3) Ben Goldring		

College Women 1600 Meter Run

Name	Yr Team	Time	H#	Pts
1 Cynthia Gudaitis	Georgetown	5:15.80	2	10
2 Sydney Smith	William and Mary	5:41.70	2	8
3 Emma Tessler	Virginia	5:45.56	2	6
4 Anneloes Knol	Virginia	5:46.63	2	4
5 Meghan Ostertag	American	5:48.13	2	2
6 MARY KEHOE	Virginia Commonwealt	5:48.33	2	1
7 Mia Tesoriero	Virginia	5:59.13	2	
8 Addie King	James Madison	6:05.31	1	
9 Rachel Weghorst	Virginia	6:06.54	2	
10 Mikaila Terry	James Madison	6:08.74	2	
11 Sarah Zakreski	William and Mary	6:11.60	1	
12 Ella Harris	Virginia	6:13.85	2	
13 Alison Wilkinson	Georgetown	6:27.12	1	
14 Sarah Coleman	James Madison	6:30.71	1	
15 Danielle Coyne	Georgetown	6:31.81	2	
16 Lucia Lavallee	Georgetown	6:51.41	1	
17 Molly Wright	American	6:54.27	1	
18 Lauren Knitter	James Madison	7:05.63	1	
19 Soraya Bata	Georgetown	7:21.85	1	

College Men 1600 Meter Run

Name	Yr Team	Time	H#	Pts
1 Eli Cook	Virginia	4:31.69	3	10
2 Connor Bryan	Virginia	4:34.00	3	8
3 Max Sifuentes	James Madison	4:38.56	3	6
4 Yanis Yesli	Virginia	4:44.43	3	4
5 Isaiah White	Liberty	4:49.77	3	2
6 Isaac Friedman	Georgetown	4:50.31	2	1
7 Adam Conklin	James Madison	4:51.60	3	
8 Ben Roberts	William and Mary	4:53.21	3	
9 Christian Capello	William and Mary	4:53.39	1	
10 Patrick Devine	James Madison	4:54.43	3	
11 Erik Anaya	Georgetown	4:55.63	3	
12 MJ Stretton	James Madison	4:58.99	3	
13 Mason Barnes	Virginia	5:04.11	2	
14 Will Borrevik	Georgetown	5:08.19	2	
15 Luke Bettendorf	Liberty	5:10.36	2	
16 Jack Greven	William and Mary	5:10.52	2	
17 Noah Banga	James Madison	5:14.50	3	
18 Elijah Anderson	American	5:21.24	3	
19 Dominic Lorousso	James Madison	5:24.02	2	
20 EBEN ZIMMERMAN	Virginia Commonwealt	5:24.72	2	
21 Ben Goldring	James Madison	5:29.00	2	
22 Hayes Lang	Liberty	5:31.51	1	
23 Caden Wittwer	William and Mary	5:31.84	2	
24 Carter Ebert	Appalachain State	5:32.48	1	
25 Kyle Moore	Liberty	5:32.51	2	
26 Dan Zarcharski	American	5:35.67	1	
27 Gabe Castro-Root	American	5:36.08	2	

28	Blake Atkinson	James Madison	5:38.56	2
29	Jacob Dryer	Liberty	5:44.15	1
30	Sam Rubin	William and Mary	6:00.57	1
31	Nicholas Tibbs	James Madison	6:21.79	1
32	Sean Carlyle	James Madison	6:22.08	1

College Women 400 Meter Dash

Name	Yr Team	Time	H#	Pts
1 Mae Moody	Georgetown	1:06.23	2	10
2 Kameron Strosneider	James Madison	1:09.50	2	8
3 Pria Gadkari	Georgetown	1:12.52	2	6
4 Olivia Scanlon	James Madison	1:18.05	1	4
5 Katrina Schultze	American	1:24.88	1	2
6 Molly Wright	American	1:26.71	1	1

College Men 400 Meter Dash

Name	Yr Team	Time	H#	Pts
1 Michael Hiller	Appalachain State	52.34	4	10
2 Patrick Smith	William and Mary	52.85	2	8
3 Sebastion Malave	Virginia Tech	53.21	2	6
4 Nic Janis	William and Mary	54.42	4	4
5 Nolan Menanno	American	54.76	4	2
6 Arvind Manohar	William and Mary	57.98	3	1
7 Ashton Blackwell	James Madison	58.20	2	
8 Markcus Hobson-Garcia	James Madison	58.47	2	
9 MARK JANSSEN	Virginia Commonwealt	58.63	4	
10 Spencer Blick	James Madison	58.73	1	
11 Jalen Coletrane	James Madison	58.79	3	
12 Lucas Knapp	Virginia	59.23	2	
13 Colin Kirkwood	James Madison	59.33	4	
14 Jake Whitfield	James Madison	59.46	3	
15 Barton Zhu	Georgetown	1:00.69	1	
16 Bennett Atienza	James Madison	1:01.52	3	
17 Josh Katz	American	1:05.69	1	
18 Nick Mussen	James Madison	1:08.37	2	
19 Hayes Lang	Liberty	1:09.21	1	
20 Tripp Piercy	Appalachain State	1:12.23	2	

College Women 4x100 Meter Relay

Team	Time	Pts
American A	1:10.50	
James Madison A	NT	

College Men 4x100 Meter Relay

Team	Time	Pts
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1	Virginia A	52.79	10
2	James Madison A	54.93	8

College Women 200 Meter Dash

Name	Yr Team	Time	Wind	Pts	
1	Ure Nwokoji	Virginia Commonwealt	27.16	NWI	10
2	LEAH BIBBS	Virginia Commonwealt	28.16	NWI	8
3	Soraya Bata	Georgetown	31.48	NWI	6
4	Autumn Rudick	James Madison	34.50	NWI	4

College Men 200 Meter Dash

Name	Yr Team	Time	Wind	H#	Pts	
1	CY GAY	Virginia Commonwealt	23.95	NWI	2	10
2	Matthew Burch	William and Mary	24.49	NWI	2	8
3	Nic Janis	William and Mary	24.87	NWI	2	6
4	Barton Zhu	Georgetown	25.18	NWI	2	4
5	Colin Kirkwood	James Madison	25.76	NWI	1	2
6	Lucas Knapp	Virginia	26.66	NWI	1	1
7	Jake Whitfield	James Madison	26.92	NWI	1	

College Women Distance Medley Relay

Team	Time	Pts
1 Virginia A	14:27.47	10
2 James Madison A	15:39.42	8

College Men Distance Medley Relay

Team	Time	Pts
1 Virginia A	11:40.25	10
1) Connor Bryan	2) Ali Asfour	
3) Luke Lamberson	4) Andreas Masiakos	
2 James Madison A	11:47.11	8
3 Virginia B	12:16.63	
1) Charles Melvin	2) Kamren Reeves	
3) Eli Cook	4) Jesse Smith	
4 Liberty A	13:02.17	6

College Women 4x400 Meter Relay

Team	Time	Pts
1 James Madison A	4:36.30	10
2 Virginia A	4:56.56	8
3 American A	5:49.26	6

College Men 4x400 Meter Relay

Team	Time	Pts
Virginia B	3:49.17	
1) Yanis Yesli		
2) Garrett Uthlaut		
3) Viraaaj Mehta		
Appalachain State A	4:07.12	
Georgetown A	4:07.74	
American A	4:14.71	
Virginia A	NT	
1) Ali Asfour		
2) Luke Lamberson		
3) Quinn Jackson		
4) Kamren Reeves		
James Madison A	NT	
William and Mary A	NT	

College Women Shot Put

Name	Yr Team	Mark	Pts
1 Gianna Baorto	James Madison	26-06.00	10
2 Soraya Bata	Georgetown	19-09.00	8
3 Hermie Going	James Madison	19-06.00	6
4 Shadiman Craig	James Madison	19-04.00	4
5 Jordan Hughes	James Madison	18-08.50	2
6 Karlee Anderson	James Madison	17-10.50	1

College Men Shot Put

Name	Yr Team	Mark	Pts
1 James Agresto	James Madison	43-00.00	10
2 Lee Teixiera	James Madison	29-09.00	8
3 Sam Rubin	William and Mary	29-07.00	6
4 Noah Stretton	James Madison	26-10.00	4
5 Peter Nosal	James Madison	26-09.00	2
6 Micah Dorel	James Madison	23-01.00	1
7 Spencer Blick	James Madison	22-07.50	
8 Blake Atkinson	James Madison	18-03.00	

College Men Long Jump

Name	Yr Team	Mark	Wind	Pts
1 Hyoseo Park	Virginia	18-01.50	NWI	10
2 Emmanuel Yeboah	Virginia	16-02.00	NWI	8
3 Lee Teixiera	James Madison	15-05.00	NWI	6
4 Noah Bullard	Appalachain State	14-06.00	NWI	4
5 Tripp Piercy	Appalachain State	12-05.00	NWI	2

College Women Long Jump

Name	Yr Team	Mark	Wind	Pts
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1	Emma Roseboom	James Madison	14-10.50	NWI	10
2	Audrey Sandy	James Madison	13-08.50	NWI	8
3	Soraya Bata	Georgetown	12-08.25	NWI	6
4	Carrie McDonald	Georgetown	10-08.50	NWI	4
5	Katrina Schultze	American	10-06.00	NWI	2
6	Karlee Anderson	James Madison	10-00.00	NWI	1
7	Jordan Hughes	James Madison	8-05.00	NWI	

College Women Team Scores (11 Events Scored)

Team	Pts	Spr	Dst	Hrd	Rel	Thr	Jmp	Oth
1 James Madison	96	26	2	0	26	23	19	0
2 Georgetown	79	30	31	0	0	8	10	0
3 Virginia	54	0	26	0	28	0	0	0
4 Virginia Commonwealth	29	18	11	0	0	0	0	0
5 William and Mary	21	0	21	0	0	0	0	0
6 American	19	3	2	0	12	0	2	0

College Men Team Scores (12 Events Scored)

Team	Pts	Spr	Dst	Hrd	Rel	Thr	Jmp	Oth
1 Virginia	111	7	56	0	30	0	18	0
2 James Madison	77	6	16	0	24	25	6	0
3 William and Mary	53	35	12	0	0	6	0	0
4 Virginia Commonwealth	20	20	0	0	0	0	0	0
5 Appalachian State	16	10	0	0	0	0	6	0
6 American	12	2	0	0	10	0	0	0
6 Virginia Tech	12	6	6	0	0	0	0	0
8 Liberty	8	0	2	0	6	0	0	0
9 Georgetown	5	4	1	0	0	0	0	0

College Team Scores (1 Events Scored)

Team	Pts	Spr	Dst	Hrd	Rel	Thr	Jmp	Oth
1 James Madison	10	0	0	0	10	0	0	0
2 American	8	0	0	0	8	0	0	0